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- NOV 26 9:00 - 11:00 am (11/26/2012)

- NOV 22 9:00-11:00 pm (11/22/2011)

- MAR 20 9:00 - 11:00 am (03/20/2012)

- MAY 4 9:00 - 11:00 am (05/04/2012)
- AUG 3 9:00 - 11:00 am (08/03/2012)

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- JUN 27 2:30 - 5:00 pm
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EFM Regional POC Training

FAP Command Leadership
Training

PCO - PXO Spouses Workshop

Yorktown

Norfolk

**Oceana/Dam
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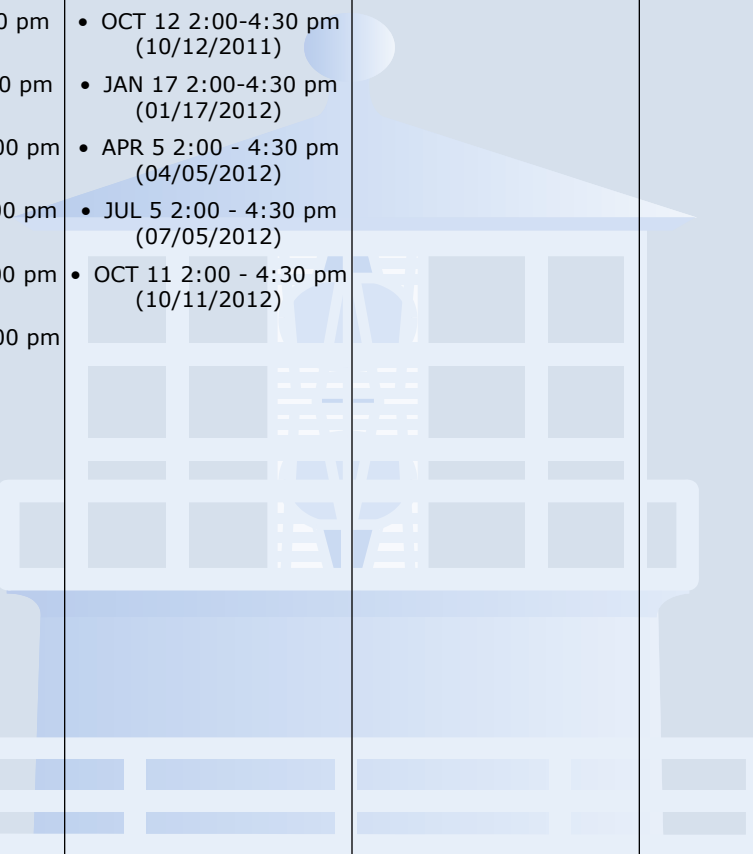
**JEB Little Creek/
Fort Story**

Newport News

Northwest

- SEP 20 2:30-5:00 pm
(09/20/2011)
- NOV 29 2:30-5:00 pm
(11/29/2011)
- MAR 21 2:30 - 5:00 pm
(03/21/2012)
- JUN 19 2:30 - 5:00 pm
(06/19/2012)
- SEP 18 2:30 - 5:00 pm
(09/18/2012)
- NOV 29 2:30 - 5:00 pm
(11/29/2012)

- OCT 12 2:00-4:30 pm
(10/12/2011)
- JAN 17 2:00-4:30 pm
(01/17/2012)
- APR 5 2:00 - 4:30 pm
(04/05/2012)
- JUL 5 2:00 - 4:30 pm
(07/05/2012)
- OCT 11 2:00 - 4:30 pm
(10/11/2012)



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Building Healthy Relationships

Children and Divorce

Dads and Discipline

Enhancing Step Families

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Parenting Teens

Personal Communications

Single Parenting in the Military

STEP

STEP - Early

STEP -Teen

Stress Management - Multi

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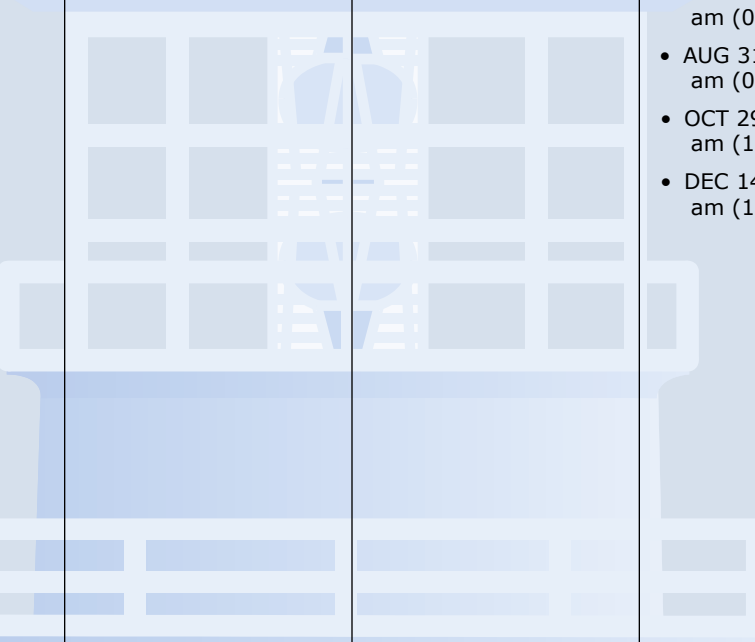
Northwest

- OCT 4 5:00-7:30 pm (10/04/2011)
- JUN 19 5:30 - 7:30 pm (06/19/2012)
- OCT 2 5:30 - 7:30 pm (10/02/2012)

- OCT 11 8:30 am-12:30 pm (10/11/2011)
- APR 17 9:00 - 11:00 am (04/17/2012)
- OCT 10 8:30 - 10:30 am (10/10/2012)

- JAN 13 9:00 - 11:00 am (01/13/2012)
- FEB 10 9:00 - 11:00 am (02/10/2012)
- APR 30 9:00 - 11:00 am (04/30/2012)
- MAY 18 9:00 - 11:00 am (05/18/2012)
- AUG 31 9:00 - 11:00 am (08/31/2012)
- OCT 29 9:00 - 11:00 am (10/29/2012)
- DEC 14 9:00 - 11:00 am (12/14/2012)

- OCT 3 12:30-4:30 pm (10/03/2011)
- FEB 29 1:00 - 3:00 pm (02/29/2012)
- JUN 20 9:00 - 11:00 am (06/20/2012)
- OCT 25 2:00 - 4:00 pm (10/25/2012)



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- MAY 2 2:00 - 4:30 pm
(05/02/2012)

- NOV 15 2:30-5:00 pm
(11/15/2011)
- JAN 24 2:30-5:00 pm
(01/24/2012)
- APR 24 2:30 - 5:00 pm
(04/24/2012)
- AUG 8 9:00 - 11:30 am
(08/08/2012)
- NOV 14 2:30 - 5:00 pm
(11/14/2012)

- SEP 20 2:00-4:30 pm
(09/20/2011)
- DEC 1 2:00-4:30 pm
(12/01/2011)
- FEB 8 2:00 - 4:30 pm
(02/08/2012)
- MAR 22 2:00 - 4:30
pm (03/22/2012)
- JUN 4 2:00 - 4:30 pm
(06/04/2012)
- SEP 19 2:00 - 4:30 pm
(09/19/2012)
- DEC 3 2:00 - 4:30 pm
(12/03/2012)

- FEB 17 8:00 - 10:30
am (02/17/2012)
- APR 13 8:00-10:30 am
(04/13/2012)
- MAY 31 8:00 - 10:30
am (05/31/2012)
- SEP 14 8:00 - 10:30
am (09/14/2012)
- OCT 19 8:00 - 10:30
am (10/19/2012)

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- SEP 15 - OCT 27 (TH) 6:00-8:00 pm (09/15/2011)
- MAR 5 - 26 (M & TH) 4:00 - 6:00 pm (03/05/2012)
- SEP 13 - OCT 25 (TH) 6:00 - 8:00 pm (09/13/2012)

- OCT 31 - NOV 21 (M&TH) 2:30-4:30 pm (10/31/2011)
- MAY 7 - 24 (M & TH) and MAY 29 (T) 2:30 - 4:30 pm (05/07/2012)
- OCT 22 - NOV 8 (M & TH) & NOV 13 (T) 2:30 - 4:30 pm (10/22/2012)

- OCT 17 - NOV 7 (M&W) 10:00 am-noon (10/17/2011)
- APR 2 - 23 (M & W) 9:00 - 11:00 am (04/02/2012)

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- NOV 1 (T) NOV 3 (TH)
7 - 21 (M&TH) 4:00-6:00
pm (11/01/2011)
- APR 19 - MAY 31
(TH) 6:00 - 8:00 pm
(04/19/2012)
- OCT 29 - NOV 19 (M &
TH) & NOV 13 (T) 4:00 -
6:00 pm (10/29/2012)

- AUG 1 - 22 (M&W)
2:30-4:30 pm
(08/01/2011)
- JAN 23 - FEB 13
(M&TH) 2:30-4:30 pm
(01/23/2012)
- AUG 6 - 27 (M &
TH) 2:30 - 4:30 pm
(08/06/2012)

- AUG 6 - 27 (M &
W) 10:00 am - noon
(08/06/2012)

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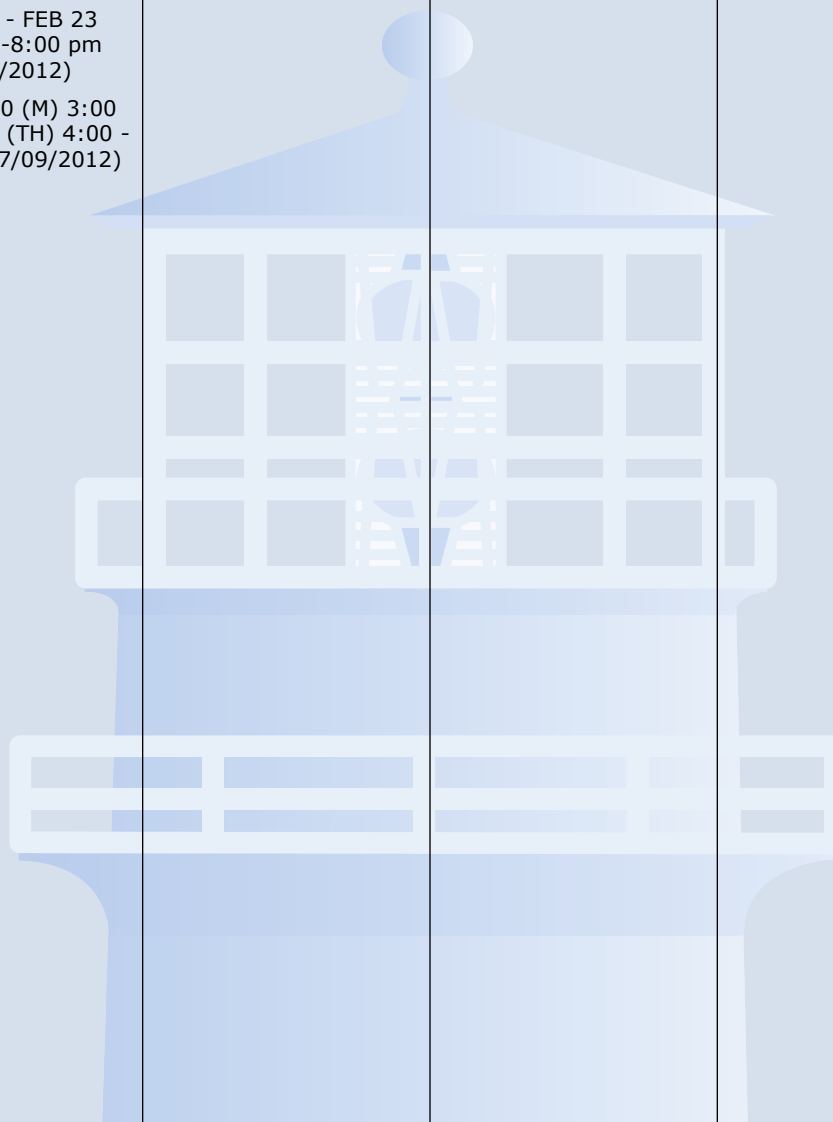
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Northwest

- JAN 12 - FEB 23
(TH) 6:00-8:00 pm
(01/12/2012)
- JUL 9 - 30 (M) 3:00
- 5:00 pm & (TH) 4:00 -
6:00 pm (07/09/2012)



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- NOV 29 & DEC 6 (T) 8:00 am-noon (11/29/2011)
- MAR 6 & 13 (T) 8:00 am - noon (03/06/2012)
- JUL 18 & 25 (W) 8:00 am - noon (07/18/2012)
- NOV 27 & 29 (T & TH) 8:00 am - noon (11/27/2012)

- OCT 11 - 20 (T&TH) 1:00-3:00 pm (10/11/2011)
- NOV 8 - 17 (T&TH) 1:00-3:00 pm (11/08/2011)
- DEC 6 - 15 (T&TH) 1:00-3:00 pm (12/06/2011)
- JAN 10 - 19 (T&TH) 1:00-3:00 pm (01/10/2012)
- FEB 7 - 16 (T & TH) 1:00 - 3:00 pm (02/07/2012)
- MAR 6 - 15 (T & TH) 9: 00 - 11:00 am (03/06/2012)
- APR 10 - 19 (T & TH) 1:00 - 3:00 pm (04/10/2012)
- MAY 8 - 17 (T & TH) 9:00 - 11:00 am (05/08/2012)
- JUN 5 - 14 (T & TH) 1:00 - 3:00 pm (06/05/2012)
- JUL 10 - 19 (T & TH) 1:00 - 3:00 pm (07/10/2012)
- AUG 7 - 16 (T & TH) 9:00 - 11:00 am (08/07/2012)
- SEP 11 - 20 (T & TH) 1:00 - 3:00 pm (09/11/2012)
- OCT 9 - 18 (T & TH) 1:00 - 3:00 pm (10/09/2012)
- NOV 6 - 15 (T & TH) 1:00 - 3:00 pm (11/06/2012)
- DEC 4 - 13 (T & TH) 1:00 - 3:00 pm (12/04/2012)

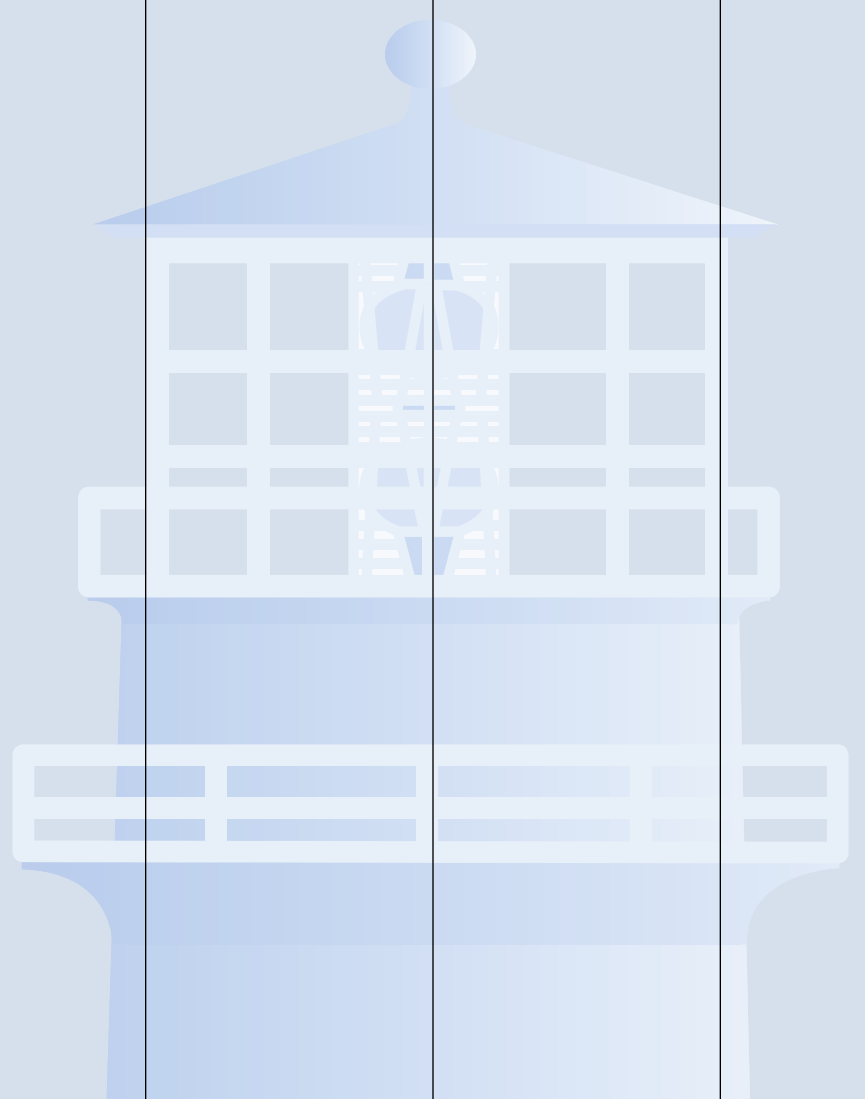
- DEC 5 - 14 (M&W) 2:00-4:00 pm (12/05/2011)
- FEB 14 - 23 (T & TH) 9:00 - 11:00 am (02/14/2012)
- MAY 8 - 17 (T & TH) 2:00 - 4:00 pm (05/08/2012)
- JUL 16 - 26 (M & TH) 2:00 - 4:00 pm (07/16/2012)
- AUG 14 - 23 (T & TH) 9:00 - 11:00 am (08/14/2012)
- NOV 6 - 15 (T & TH) 9:00 - 11:00 am (11/06/2012)
- DEC 3 - 12 (M & W) 2:00 - 4:00 pm (12/03/2012)

- SEP 19 - 23 (M,W,F) 9:00-11:00 am (09/19/2011)
- MAR 20 - 29 (T & TH) 9:00 - 11:00 am (03/20/2012)
- MAY 29 & 31 (T & TH) noon - 4:00 pm (05/29/2012)
- JUL 30 & AUG 1 (M & W) noon - 4:00 pm (07/30/2012)
- SEP 10 & 12 (M & W) 9:00 am - 1:00 pm (09/10/2012)

- OCT 17 - 26 (M&W) 9:00-11:00 am (10/17/2011)
- FEB 1 & 3 (W & F) 8:00 am - noon (02/01/2012)
- MAR 20 & 22 (T & TH) 8:00 am - noon (03/20/2012)
- MAY 8 & 10 (T & TH) 8:00 am - noon (05/08/2012)
- JUN 25 & 27 (M & W) 8:00 am - noon (06/25/2012)
- AUG 28 & 30 (T & TH) 8:00 am - noon (08/28/2012)
- SEP 5 & 7 (W & F) 8:00 am - noon (09/05/2012)
- OCT 23 & 25 (T & TH) 8:00 am - noon (10/23/2012)

- OCT 25 & 27 (T&TH) 12:30-4:30 pm (10/25/2011)
- DEC 5 & 7 (M&W) 8:00 am-noon (12/05/2011)
- JAN 24 & 26 (T&TH) 12:30-4:30 pm (01/24/2012)
- MAR 5 & 7 (M&W) 8:00 am - noon (03/05/2012)
- MAY 14 & 16 (M & W) 8:00 am - noon (05/14/2012)
- JUL 17 & 19 (T & TH) 12:30 - 4:30 pm (07/17/2012)
- SEP 11 & 13 (T & TH) 8:00 am - noon (09/11/2012)
- NOV 6 & 8 (T & TH) 12:30 - 4:30 pm (11/06/2012)

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Operation Prepare		Building Effective Anger Management Skills (BEAMS)		Building Healthy Relationships	
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- SEP 27 6:00-9:00 pm (09/27/2011)
- SEP 28 9:00 am - noon (09/28/2012)

- OCT 19 5:30-8:30 pm (10/19/2011)
- JAN 18 5:30-8:30 pm (01/18/2012)
- APR 16 1:00 - 4:00 pm (04/16/2012)
- MAY 23 5:30 - 8:30 pm (05/23/2012)
- JUL 18 5:30 - 8:30 pm (07/18/2012)
- SEP 17 1:00 - 4:00 pm (09/17/2012)
- OCT 24 5:30 - 8:30 pm (10/24/2012)

- MAR 20 5:00 - 8:00 pm (03/20/2012)
- JUL 17 1:30 - 4:30 pm (07/17/2012)

- NOV 22 8:30-11:30 am (11/22/2011)
- FEB 21 1:00 - 4:00 pm (02/21/2012)
- APR 10 1:00 - 4:00 pm (04/10/2012)
- AUG 2 9:00 am - noon (08/02/2012)
- NOV 28 8:30 - 11:30 am (11/28/2012)

- MAY 4 9:00 am - noon (05/04/2012)

- SEP 14 1:00-4:00 pm (09/14/2011)
- OCT 13 9:00 am-noon (10/13/2011)
- JAN 25 9:00 am-noon (01/25/2012)
- MAR 20 1:00 - 4:00 pm (03/20/2012)
- MAY 9 9:00 am - noon (05/09/2012)
- JUL 16 9:00 am - noon (07/16/2012)
- SEP 7 9:00 am - noon (09/07/2012)

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- FEB 7 8:00 am - noon (02/07/2012)
- AUG 9 8:00 am - noon (08/09/2012)

- OCT 14 8:00 am-noon (10/14/2011)
- FEB 14 8:30 am - 12:30 pm (02/14/2012)
- APR 20 8:30 am - 12:30 pm (04/20/2012)
- JUN 27 8:30 am - 12:30 pm (06/27/2012)
- AUG 20 8:30 am - 12:30 pm (08/20/2012)
- OCT 11 8:30 am - 12:30 pm (10/11/2012)
- DEC 13 8:30 am - 12:30 pm (12/13/2012)

- SEP 23 8:30 am-12:30 pm (09/23/2011)
- MAR 8 8:30 am - 12:30 pm (03/08/2012)
- JUN 21 8:30 am - 12:30 pm (06/21/2012)
- SEP 20 8:30 am - 12:30 pm (09/20/2012)
- DEC 6 8:30 am - 12:30 pm (12/06/2012)

- NOV 9 8:00 am-noon (11/09/2011)
- JAN 4 8:00 am-noon (01/04/2012)
- APR 12 8:00 am - noon (04/12/2012)
- JUL 30 8:00 am - noon (07/30/2012)
- OCT 24 8:00 am - noon (10/24/2012)

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- MAY 16 8:00 am - noon (05/16/2012)
- NOV 2 8:00 am - noon (11/02/2012)

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<ul style="list-style-type: none"> NOV 3 8:00 am-4:00 pm (11/03/2011) 	<ul style="list-style-type: none"> JUL 25 8:00 am - 4:00 pm (07/25/2012) 	<ul style="list-style-type: none"> MAY 22 8:00 am - 4:00 pm (05/22/2012) 	<ul style="list-style-type: none"> FEB 7 8:00 am - 4:00 pm (02/07/2012) 		
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	<ul style="list-style-type: none"> FEB 1 9:00 am - 2:00 pm (02/01/2012) 	<ul style="list-style-type: none"> AUG 22 9:00 am - 2:00 pm (08/22/2012) 	<ul style="list-style-type: none"> MAY 11 9:00 am - 2:00 pm (05/11/2012) 		

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Art of Money Management	Banking and Financial Services	Car Buying Strategies
CFS Forum & Financial Town Hall Mtg.	CFS Refresher	CFS Training
Consumer Awareness	Credit Management	Developing Your Spending Plan
Don't Bet Your Life On It	Div. Officer Financial Ldrshp. Seminar	Financial Responsibility in the Military
Homeownership	How to Survive the Holidays Financially	Identity Theft Protection
Retirement Planning	Savings and Investments	SMART Start: Finances for Newlyweds
TSP: Your Key to Financial Independence	Million Dollar Sailor	SAPR Command Data Collection Coordinator
SAPR Command Liaison Training	SAPR Command POC Training	SAPR Refresher Training
SAPR Victim Advocate Basic Training	CAPS Group	Changes
Couples Workshop	Career Planning	Effective Resume Writing
Federal Employment System	Interview Techniques	Job Network
Job Search Strategies	Children and Divorce	

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<ul style="list-style-type: none"> • OCT 13 8:00 am-4:00 pm (10/13/2011) • NOV 2 8:00 am-4:00 pm (11/02/2011) • JAN 19 8:00 am - 4:00 pm (01/19/2012) • APR 11 8:00 am - 4:00 pm (04/11/2012) • JUN 13 8:00 am - 4:00 pm (06/13/2012) • AUG 9 8:00 am - 4:00 pm (08/09/2012) • OCT 11 8:00 am - 4:00 pm (10/11/2012) 	<ul style="list-style-type: none"> • OCT 19 8:00 am-4:00 pm (10/19/2011) • NOV 14 & 15 (M&T) 4:30-8:00 pm (11/14/2011) • NOV 21 8:00 am-4:00 pm (11/21/2011) • DEC 12 8:00 am-4:00 pm (12/12/2011) • JAN 31 8:00 am-4:00 pm (01/31/2012) • FEB 21 & 22 (T & W) 4:00 - 8:00 pm (02/21/2012) • FEB 29 8:00 am - 4:00 pm (02/29/2012) • MAR 19 8:00 am - 4:00 pm (03/19/2012) • APR 23 8:00 am - 4:00 pm (04/23/2012) • MAY 23 8:00 am - 4:00 pm (05/23/2012) • MAY 30 4:00 - 8:00 pm (05/30/2012) • MAY 31 4:00 - 8:00 pm (05/31/2012) • JUN 25 8:00 am - 4:00 pm (06/25/2012) • JUL 23 8:00 am - 4:00 pm (07/23/2012) • AUG 23 8:00 am - 4:00 pm (08/23/2012) • AUG 28 & 29 (T & W) 4:00 - 8:00 pm (08/28/2012) • SEP 17 8:00 am - 4:00 pm (09/17/2012) • OCT 16 8:00 am - 4:00 pm (10/16/2012) • NOV 27 & 28 (T & W) 4:00 - 8:00 pm (11/27/2012) 	<ul style="list-style-type: none"> • OCT 17 8:00 am-4:00 pm (10/17/2011) • NOV 22 8:00 am-4:00 pm (11/22/2011) • JAN 3 8:00 am-4:00 pm (01/03/2012) • MAR 26 8:00 am - 4:00 pm (03/26/2012) • MAY 17 8:00 am - 4:00 pm (05/17/2012) • JUL 26 8:00 am - 4:00 pm (07/26/2012) • SEP 10 8:00 am - 4:00 pm (09/10/2012) • NOV 20 8:00 am - 4:00 pm (11/20/2012) • DEC 13 8:00 am - 4:00 pm (12/13/2012) 	<ul style="list-style-type: none"> • SEP 30 8:00 am-4:00 pm (09/30/2011) • OCT 31 8:00 am-4:00 pm (10/31/2011) • JAN 23 8:00 am-4:00 pm (01/23/2012) • FEB 13 8:00 am - 4:00 pm (02/13/2012) • MAR 30 8:00 am - 4:00 pm (03/30/2012) • APR 16 8:00 am - 4:00 pm (04/16/2012) • JUN 29 8:00 am - 4:00 pm (06/29/2012) • JUL 16 8:00 am - 4:00 pm (07/16/2012) • AUG 6 8:00 am - 4:00 pm (08/06/2012) • SEP 28 8:00 am - 4:00 pm (09/28/2012) • OCT 29 8:00 am - 4:00 pm (10/29/2012) 	<ul style="list-style-type: none"> • MAR 19 8:00 am - 4:00 pm (03/19/2012) • MAY 15 8:00 am - 4:00 pm (05/15/2012) • JUL 12 8:00 am - 4:00 pm (07/12/2012) • SEP 10 8:00 am - 4:00 pm (09/10/2012) • NOV 29 8:00 am - 4:00 pm (11/29/2012) 	

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Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> JUN 29 8:30 - 10:00 am (06/29/2012) 	<ul style="list-style-type: none"> NOV 8 8:30-10:00 am (11/08/2011) 		<ul style="list-style-type: none"> APR 11 9:00 - 10:30 am (04/11/2012) 	<ul style="list-style-type: none"> JUN 19 8:00 - 9:30 am (06/19/2012) 	
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- SEP 29 1:00-2:30 pm (09/29/2011)
- SEP 27 1:00 - 2:30 pm (09/27/2012)

- OCT 26 10:00-11:30 am (10/26/2011)
- NOV 16 10:00-11:30 am (11/16/2011)
- DEC 21 10:00-11:30 am (12/21/2011)
- JAN 11 noon - 1:30 pm (01/11/2012)
- FEB 8 noon - 1:30 pm (02/08/2012)
- MAR 14 noon - 1:30 pm (03/14/2012)
- APR 11 noon - 1:30 pm (04/11/2012)
- MAY 9 noon - 1:30 pm (05/09/2012)
- JUN 13 noon - 1:30 pm (06/13/2012)
- JUL 25 noon - 1:30 pm (07/25/2012)
- AUG 15 noon - 1:30 pm (08/15/2012)
- SEP 12 noon - 1:30 pm (09/12/2012)
- OCT 10 noon - 1:30 pm (10/10/2012)
- NOV 14 noon - 1:30 pm (11/14/2012)
- DEC 19 noon - 1:30 pm (12/19/2012)

- NOV 7 2:30-4:00 pm (11/07/2011)
- MAR 15 2:30 - 4:00 pm (03/15/2012)
- NOV 5 2:30 - 4:00 pm (11/05/2012)

- MAR 19 8:30 - 10:00 am (03/19/2012)

- JUN 5 10:00 - 11:30 am (06/05/2012)

- MAR 13 9:00 - 10:30 am (03/13/2012)
- AUG 8 3:00 - 4:30 pm (08/08/2012)

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- FEB 14 10:00 - 11:30 am (02/14/2012)
- APR 20 9:30 - 11:00 am (04/20/2012)
- NOV 2 9:30 - 11:00 am (11/02/2012)

- SEP 15 1:00-2:30 pm (09/15/2011)
- DEC 8 1:00-2:30 pm (12/08/2011)
- MAR 8 1:00 - 2:30 pm (03/08/2012)
- JUN 7 1:00 - 2:30 pm (06/07/2012)
- SEP 13 1:00 - 2:30 pm (09/13/2012)
- DEC 6 1:00 - 2:30 pm (12/06/2012)

- OCT 7 8:30-10 am (10/07/2011)
- FEB 17 8:30 - 10:00 am (02/17/2012)
- APR 6 8:30 - 10:00 am (04/06/2012)
- JUL 20 8:30 - 10:00 am (07/20/2012)
- AUG 10 8:30 - 10:00 am (08/10/2012)
- OCT 5 8:30 - 10:00 am (10/05/2012)
- NOV 2 8:30 - 10:00 am (11/02/2012)

- SEP 16 8:00-9:30 am (09/16/2011)
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- FEB 10 8:00 - 9:30 am (02/10/2012)
- JUN 8 8:00 - 9:30 am (06/08/2012)
- SEP 21 8:00 - 9:30 am (09/21/2012)
- DEC 14 8:00 - 9:30 am (12/14/2012)

- JAN 27 9:30-11:00 am (01/27/2012)
- FEB 9 10:00 - 11:30 am (02/09/2012)
- JUL 20 9:30 - 11:00 am (07/20/2012)

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• JUN 21 7:30 am - 4:00 pm (06/21/2012)

• NOV 16 7:30 am-4:00 pm (11/16/2011)
• JAN 12 8:00 am - 4:30 pm (01/12/2012)
• MAR 26 8:00 am - 4:30 pm (03/26/2012)
• MAY 1 8:00 am - 4:30 pm (05/01/2012)
• JUL 26 8:00 am - 4:30 pm (07/26/2012)
• SEP 24 8:00 am - 4:30 pm (09/24/2012)
• NOV 1 8:00 am - 4:30 pm (11/01/2012)

• NOV 14 7:30 am-4:00 pm (11/14/2011)
• FEB 27 7:30 am - 4:00 pm (02/27/2012)
• APR 24 7:30 am - 4:00 pm (04/24/2012)
• JUL 10 7:30 am - 4:00 pm (07/10/2012)
• NOV 13 7:30 am - 4:00 pm (11/13/2012)

• FEB 1 7:30 am - 4:00 pm (02/01/2012)
• JUN 25 7:30 am - 4:00 pm (06/25/2012)
• AUG 13 7:30 am - 4:00 pm (08/13/2012)

• MAR 13 7:30 am - 4:00 pm (03/13/2012)
• SEP 6 7:30 am - 4:00 pm (09/06/2012)

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- APR 16 - 20 (M - F) 7:30 am - 4:00 pm (04/16/2012)
- OCT 29 - NOV 2 (M - F) 7:30 am - 4:00 pm (10/29/2012)

- OCT 3 - 7 (M-F) 7:30 am-4:00 pm (10/03/2011)
- OCT 31 - NOV 4 (M-F) 7:30 am-4:00 pm (10/31/2011)
- DEC 5 - 9 (M-F) 7:30 am-4:00 pm (12/05/2011)
- FEB 6 - 10 (M - F) 7:30 am - 4:00 pm (02/06/2012)
- MAR 5 -9 (M - F) 7:30 am - 4:00 pm (03/05/2012)
- APR 2 - 6 (M - F) 7:30 am - 4:00 pm (04/02/2012)
- MAY 7 - 11 (M - F) 7:30 am - 4:00 pm (05/07/2012)
- JUN 4 - 8 (M - F) 7:30 am - 4:00 pm (06/04/2012)
- JUL 9 - 13 (M -F) 7:30 am - 4:00 pm (07/09/2012)
- AUG 6 - 10 (M - F) 7:30 am - 4:00 pm (08/06/2012)
- SEP 10 - 14 (M - F) 7:30 am - 4:00 pm (09/10/2012)
- OCT 1 - 5 (M - F) 7:30 am - 4:00 pm (10/01/2012)
- NOV 5 - 9 (M - F) 7:30 am - 4:00 pm

- SEP 19 - 23 (M-F) 7:30 am-4:00 pm (09/19/2011)
- OCT 3 - 7 (M-F) 7:30 am-4:00 pm (10/03/2011)
- OCT 31 - NOV 4 (M-F) 7:30 am-4:00 pm (10/31/2011)
- FEB 13 - 17 (M - F) 7:30 am - 4:00 pm (02/13/2012)
- MAR 5 -9 (M - F) 7:30 am - 4:00 pm (03/05/2012)
- APR 2 - 6 (M - F) 7:30 am - 4:00 pm (04/02/2012)
- MAY 7 - 11 (M - F) 7:30 am - 4:00 pm (05/07/2012)
- JUN 18 - 22 (M - F) 7:30 am - 4:00 pm (06/18/2012)
- JUL 16 - 20 (M -F) 7:30 am - 4:00 pm (07/16/2012)
- AUG 6 - 10 (M - F) 7:30 am - 4:00 pm (08/06/2012)
- SEP 17 - 21 (M - F) 7:30 am - 4:00 pm (09/17/2012)
- OCT 1 - 5 (M - F) 7:30 am - 4:00 pm (10/01/2012)
- OCT 29 - NOV 2 (M - F) 7:30 am - 4:00 pm

- OCT 17 - 21 (M-F) 7:30 am-4:00 pm (10/17/2011)
- OCT 31 - NOV 4 (M-F) 7:30 am-4:00 pm (10/31/2011)
- DEC 12 - 16 (M-F) 7:30 am-4:00 pm (12/12/2011)
- JAN 9 - 13 (M-F) 7:30 am-4:00 pm (01/09/2012)
- FEB 6 - 10 (M - F) 7:30 am - 4:00 pm (02/06/2012)
- MAR 12 - 16 (M - F) 7:30 am - 4:00 pm (03/12/2012)
- APR 9 - 13 (M - F) 7:30 am - 4:00 pm (04/09/2012)
- MAY 21 - 25 (M - F) 7:30 am - 4:00 pm (05/21/2012)
- JUN 4 - 8 (M - F) 7:30 am - 4:00 pm (06/04/2012)
- JUL 9 - 13 (M -F) 7:30 am - 4:00 pm (07/09/2012)
- SEP 17 - 21 (M - F) 7:30 am - 4:00 pm (09/17/2012)
- OCT 15 - 19 (M - F) 7:30 am - 4:00 pm (10/15/2012)
- NOV 5 - 9 (M - F) 7:30 am - 4:00 pm

- JAN 23 - 27 (M-F) 7:30 am-4:00 pm (01/23/2012)
- JUL 16 - 20 (M -F) 7:30 am - 4:00 pm (07/16/2012)

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- JUL 25 10:00 - 11:30 am (07/25/2012)
- AUG 15 10:00 - 11:30 am (08/15/2012)
- SEP 12 10:00 - 11:30 am (09/12/2012)
- OCT 10 10:00 - 11:30 am (10/10/2012)
- NOV 14 10:00 - 11:30 am (11/14/2012)
- DEC 19 10:00 - 11:30 am (12/19/2012)

- JAN 25 2:00-3:30 pm (01/25/2012)
- MAR 19 1:00 - 2:30 pm (03/19/2012)
- JUN 28 10:00 - 11:30 am (06/28/2012)
- AUG 9 10:00 - 11:30 am (08/09/2012)

- JUN 19 10:00 - 11:30 am (06/19/2012)

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- JUL 25 8:30 - 10:00 am (07/25/2012)
- AUG 15 8:30 - 10:00 am (08/15/2012)
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- OCT 10 8:30 - 10:00 am (10/10/2012)
- NOV 14 8:30 - 10:00 am (11/14/2012)
- DEC 19 8:30 - 10:00 am (12/19/2012)

- SEP 15 2:30-4:00 pm (09/15/2011)
- NOV 7 1:00-2:30 pm (11/07/2011)
- DEC 1 2:30-4:00 pm (12/01/2011)
- DEC 19 10:00-11:30 am (12/19/2011)
- JAN 23 2:30-4:00 pm (01/23/2012)
- APR 16 1:00 - 2:30 pm (04/16/2012)
- MAY 21 1:00 - 2:30 pm (05/21/2012)
- NOV 5 1:00 - 2:30 pm (11/05/2012)
- DEC 3 2:30 - 4:00 pm (12/03/2012)

- JAN 25 12:30-2:00 pm (01/25/2012)
- MAR 19 10:00 - 11:30 am (03/19/2012)
- JUN 28 8:30 - 10:00 am (06/28/2012)
- JUL 18 2:00 - 3:30 pm (07/18/2012)
- AUG 9 8:30 - 10:00 am (08/09/2012)

- JUN 5 8:00 - 9:30 am (06/05/2012)

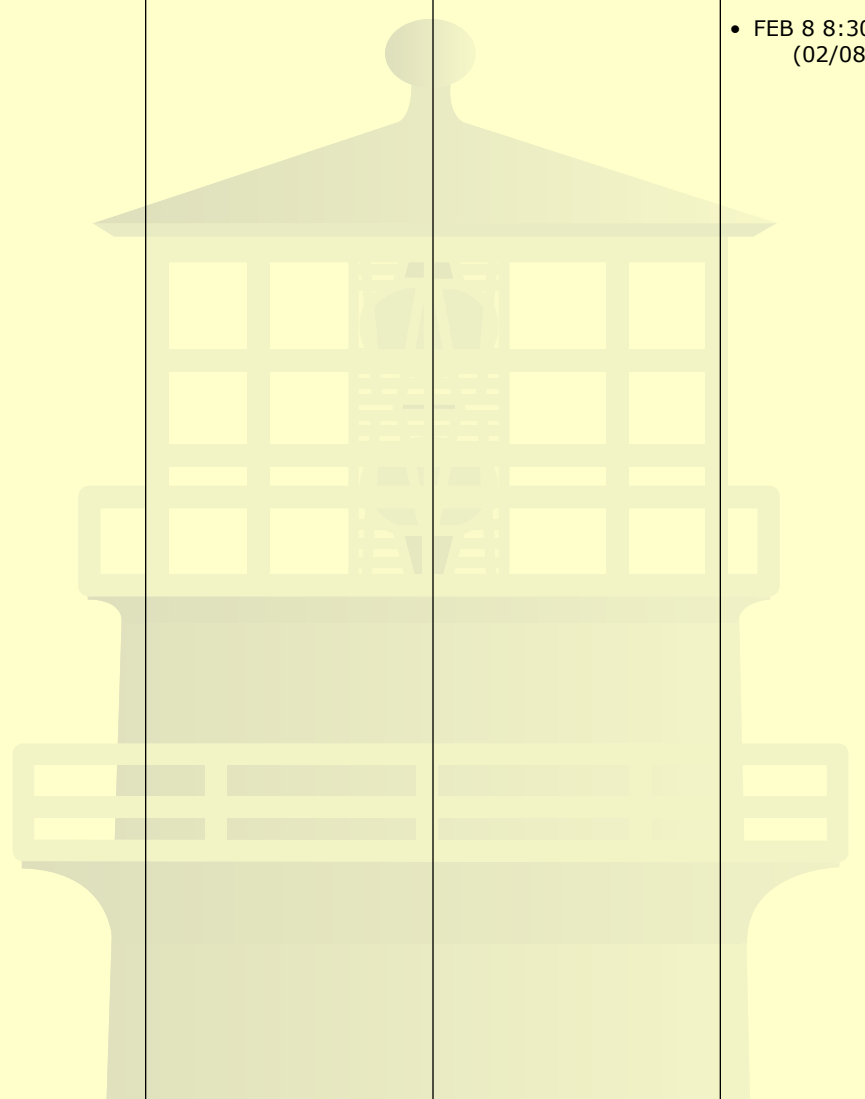
- SEP 20 2:30-4:00 pm (09/20/2011)
- DEC 7 2:30-4:00 pm (12/07/2011)
- SEP 19 10:30 am - noon (09/19/2012)
- DEC 5 2:30 - 4:00 pm (12/05/2012)

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Job Search Strategies	Children and Divorce	

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	<ul style="list-style-type: none"> OCT 19 8:30-10:00 am (10/19/2011) 	<ul style="list-style-type: none"> DEC 1 1:00-2:30 pm (12/01/2011) JAN 23 1:00-2:30 pm (01/23/2012) MAR 15 1:00 - 2:30 pm (03/15/2012) APR 16 2:30 - 4:00 pm (04/16/2012) APR 17 6:00 - 7:30 pm (04/17/2012) DEC 3 1:00 - 2:30 pm (12/03/2012) 	<ul style="list-style-type: none"> APR 2 1:00 - 2:30 pm (04/02/2012) 		

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Retirement Planning		Savings and Investments		SMART Start: Finances for Newlyweds	
TSP: Your Key to Financial Independence		Million Dollar Sailor		SAPR Command Data Collection Coordinator	
SAPR Command Liaison Training		SAPR Command POC Training		SAPR Refresher Training	
SAPR Victim Advocate Basic Training		CAPS Group		Changes	
Couples Workshop		Career Planning		Effective Resume Writing	
Federal Employment System		Interview Techniques		Job Network	
Job Search Strategies		Children and Divorce			

Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> MAY 3 9:00 - 10:30 am (05/03/2012) 				<ul style="list-style-type: none"> FEB 8 8:30 - 10:00 am (02/08/2012) 	
					

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- APR 27 8:00 am - noon (04/27/2012)
- AUG 14 8:00 am - noon (08/14/2012)
- NOV 6 8:00 am - noon (11/06/2012)

- SEP 23 7:30 am-4:00 pm (09/23/2011)
- NOV 8 7:30 am-4:00 pm (11/08/2011)
- FEB 2 8:00 am - noon (02/02/2012)
- APR 13 8:00 am - noon (04/13/2012)
- JUN 14 8:00 am - noon (06/14/2012)
- AUG 14 noon - 4:00 pm (08/14/2012)
- OCT 10 8:00 am - noon (10/10/2012)
- DEC 20 8:00 am - noon (12/20/2012)

- SEP 26 7:30 am-4:00 pm (09/26/2011)
- JAN 18 7:30-11:30 am (01/18/2012)
- APR 26 7:30 - 11:30 am (04/26/2012)
- JUL 5 7:30 - 11:30 am (07/05/2012)
- SEP 25 7:30 - 11:30 am (09/25/2012)

- SEP 23 7:30 am-4:00 pm (09/23/2011)
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- DEC 8 7:30 am-4:00 pm (12/08/2011)
- JAN 25 8:00 am-noon (01/25/2012)
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- MAR 9 8:00 am - noon (03/09/2012)
- APR 19 8:00 am - noon (04/19/2012)
- MAY 7 8:00 am - noon (05/07/2012)
- JUN 1 8:00 am - noon (06/01/2012)
- JUL 3 8:00 am - noon (07/03/2012)
- AUG 24 8:00 - noon (08/24/2012)
- SEP 11 8:00 am - noon (09/11/2012)
- OCT 1 8:00 am - noon (10/01/2012)
- DEC 6 8:00 am -noon (12/06/2012)

- OCT 6 7:30 am-4:00 pm (10/06/2011)
- MAR 23 8:00 am - noon (03/23/2012)
- MAY 24 noon - 4:00 pm (05/24/2012)
- JUL 30 noon - 4:00 pm (07/30/2012)
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Couples Workshop		Career Planning		Effective Resume Writing	
Federal Employment System		Interview Techniques		Job Network	
Job Search Strategies		Children and Divorce			

Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
					<ul style="list-style-type: none"> JUL 16 11:00 am - 12:30 pm (07/16/2012)

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- JUL 10 8:30 am - 2:30 pm (07/10/2012)

- OCT 18 8:30 am-2:30 pm (10/18/2011)
- JAN 11 9:00 am - 3:00 pm (01/11/2012)
- MAY 16 9:00 am - 3:00 pm (05/16/2012)
- JUL 11 9:00 am - 3:00 pm (07/11/2012)
- OCT 17 9:00 am - 3:00 pm (10/17/2012)

- DEC 6 8:30 am-2:30 pm (12/06/2011)
- FEB 21 8:30 am - 2:30 pm (02/21/2012)
- JUN 13 8:30 am - 2:30 pm (06/13/2012)
- AUG 15 8:30 am - 2:30 pm (08/15/2012)
- DEC 4 8:30 am - 2:30 pm (12/04/2012)

- SEP 22 8:30 am-2:30 pm (09/22/2011)
- NOV 29 8:30 am-2:30 pm (11/29/2011)
- JAN 26 8:30 am - 2:30 pm (01/26/2012)
- APR 17 & 18 (T & W) 6:00 - 9:00 pm (04/17/2012)
- JUL 24 & 25 (T & W) 6:00 - 9:00 pm (07/24/2012)
- SEP 13 8:30 am - 2:30 pm (09/13/2012)
- NOV 29 8:30 am - 2:30 pm (11/29/2012)

- SEP 27 8:30 am-2:30 pm (09/27/2011)
- MAY 10 8:30 am - 2:30 pm (05/10/2012)
- SEP 5 8:30 am - 2:30 pm (09/05/2012)

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- SEP 25 1:00 - 2:30 pm (09/25/2012)
- NOV 13 1:00 - 2:30 pm (11/13/2012)

- MAY 4 1:00 - 2:30 pm (05/04/2012)
- SEP 14 9:00 - 10:30 am (09/14/2012)

- NOV 22 8:00-9:30 am (11/22/2011)
- NOV 20 8:00 - 9:30 am (11/20/2012)

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- DEC 7 1:00-2:30 pm (12/07/2011)
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	<ul style="list-style-type: none"> DEC 7 1:00-2:30 pm (12/07/2011) 		<ul style="list-style-type: none"> JAN 25 3:30-5:00 pm (01/25/2012) JUN 28 1:00 - 2:30 pm (06/28/2012) AUG 9 1:00 - 2:30 pm (08/09/2012) 		<ul style="list-style-type: none"> OCT 5 8:30-10:00 am (10/05/2011) APR 10 9:00 - 10:30 am (04/10/2012) OCT 3 8:30 - 10:00 am (10/03/2012)

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- DEC 14 1:00-2:30 pm (12/14/2011)
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- MAY 2 noon - 1:30 pm (05/02/2012)
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- JUL 18 noon - 1:30 pm (07/18/2012)
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- NOV 28 8:30-10:00 am (11/28/2011)
- JAN 18 12:30 - 2:00 pm (01/18/2012)
- APR 26 12:30 - 2:00 pm (04/26/2012)
- JUL 5 12:30 - 2:00 pm (07/05/2012)
- AUG 20 8:30 - 10:00 am (08/20/2012)
- SEP 25 12:30 - 2:00 pm (09/25/2012)
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- DEC 21 1:00-2:30 pm (12/21/2011)
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Oceana/Dam Neck

**JEB Little Creek/
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Northwest

- DEC 7 & 8 (W&TH)
8:00 am-4:00 pm
(12/07/2011)
- DEC 5 & 6 (W & TH)
8:00 am - 4:00 pm
(12/05/2012)

- DEC 20 & 21 (T&W)
8:00 am-4:00 pm
(12/20/2011)
- MAR 29 & 30 8:00 am -
4:00 pm (03/29/2012)
- JUN 28 & 29 (TH &
F) 8:00 am - 4:00 pm
(06/28/2012)
- SEP 4 & 5 (T & W)
8:00 am - 4:00 pm
(09/04/2012)
- DEC 27 & 28 (TH &
F) 8:00 am - 4:00 pm
(12/27/2012)

- DEC 7 & 8 (W&TH)
8:00 am-4:00 pm
(12/07/2011)
- JAN 9 & 10 (M & T)
8:00 am - 4:00 pm
(01/09/2012)
- JUN 27 & 28 (W &
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(06/27/2012)

- SEP 20 & 21 (T&W)
8:00 am-4:00 pm
(09/20/2011)
- SEP 5 & 6 (W & TH)
8:00 am - 4:00 pm
(09/05/2012)

- FEB 22 & 23 (W &
TH) 8:00 am - 4:00 pm
(02/22/2012)

- APR 24 & 25 (T &
W) 8:30 am - 4:30 pm
(04/24/2012)

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Job Search Strategies	Children and Divorce	

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<ul style="list-style-type: none"> • NOV 10 1:30-3:30 pm (11/10/2011) • FEB 13 1:00 - 3:00 pm (02/13/2012) • MAY 21 1:00 - 3:00 pm (05/21/2012) • AUG 16 1:00 - 3:00 pm (08/16/2012) • NOV 19 1:00 - 3:00 pm (11/19/2012) 	<ul style="list-style-type: none"> • DEC 5 1:30-3:30 pm (12/05/2011) • FEB 2 1:30 - 3:30 pm (02/02/2012) • APR 24 1:30 - 3:30 pm (04/24/2012) • JUN 26 1:30 - 3:30 pm (06/26/2012) • AUG 30 1:30 - 3:30 pm (08/30/2012) • OCT 18 1:30 - 3:30 pm (10/18/2012) • DEC 18 1:30 - 3:30 pm (12/18/2012) 	<ul style="list-style-type: none"> • NOV 10 1:30-3:30 pm (11/10/2011) • FEB 2 1:30 - 3:30 pm (02/02/2012) • JUN 7 1:30 - 3:30 pm (06/07/2012) • AUG 2 1:30 - 3:30 pm (08/02/2012) • NOV 8 1:30 - 3:30 pm (11/08/2012) 	<ul style="list-style-type: none"> • OCT 12 1:30-3:30 pm (10/12/2011) • MAR 7 1:30 - 3:30 pm (03/07/2012) • JUL 12 1:30 - 3:30 pm (07/12/2012) • SEP 6 1:30 - 3:30 pm (09/06/2012) • OCT 10 1:30 - 3:30 pm (10/10/2012) 		

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- JAN 17 8:00 - 4:00 pm (01/17/2012)
- APR 16 8:00 am - 4:00 pm (04/16/2012)
- JUL 16 8:00 am - 4:00 pm (07/16/2012)
- OCT 15 8:00 am - 4:00 pm (10/15/2012)

- OCT 3 8:00 am-4:00 pm (10/03/2011)
- JAN 23 8:00 - 4:00 pm (01/23/2012)
- MAR 21 8:00 am - 4:00 pm (03/21/2012)
- MAY 2 8:00 am - 4:00 pm (05/02/2012)
- JUL 30 8:00 am - 4:00 pm (07/30/2012)
- SEP 28 8:00 am - 4:00 pm (09/28/2012)
- NOV 27 8:00 am - 4:00 pm (11/27/2012)

- NOV 29 8:00 am-4:00 pm (11/29/2011)
- FEB 28 8:00 am - 4:00 pm (02/28/2012)
- JUN 21 8:00 am - 4:00 pm (06/21/2012)
- AUG 23 8:00 am - 4:00 pm (08/23/2012)
- DEC 3 8:00 am - noon (12/03/2012)

- SEP 14 8:00 am-4:00 pm (09/14/2011)
- DEC 14 8:00 am-4:00 pm (12/14/2011)
- MAR 15 8:00 am - 4:00 pm (03/15/2012)
- JUL 25 8:00 am - 4:00 pm (07/25/2012)
- SEP 13 8:00 am - 4:00 pm (09/13/2012)
- DEC 12 8:00 am - 4:00 pm (12/12/2012)

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- FEB 2 8:00 am - noon (02/02/2012)
- APR 24 8:00 am - noon (04/24/2012)
- JUN 26 8:00 am - noon (06/26/2012)
- AUG 30 8:00 am - noon (08/30/2012)
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- NOV 8 8:00 am - noon (11/08/2012)

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- JUN 25 - 28 (M - TH) 8:00 am - 4:00 pm (06/25/2012)
- SEP 24 - 27 (M - TH) 8:00 am - 4:00 pm (09/24/2012)
- DEC 10 - 13 (M - TH) 8:00 am - 4:00 pm (12/10/2012)

- SEP 27 - 30 (T-F) 8:00 am-4:00 pm (09/27/2011)
- OCT 11 - 14 (T-F) 8:00 am-4:00 pm (10/11/2011)
- NOV 7 - 10 (M-TH) 8:00 am-4:00 pm (11/07/2011)
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- JUL 17 - 20 (T - F) 8:00 am - 4:00 pm (07/17/2012)
- AUG 14 - 17 (T - F) 8:00 am - 4:00 pm (08/14/2012)
- SEP 18 - 21 (T - F) 8:00 am - 4:00 pm (09/18/2012)
- OCT 9 - 12 (T - F) 8:00 am - 4:00 pm (10/09/2012)
- NOV 13 - 16 (T - F) 8:00 am - 4:00 pm

- OCT 4 - 7 (T-F) 8:00 am-4:00 pm (10/04/2011)
- JAN 10 - 13 (T - F) 8:00 am - 4:00 pm (01/10/2012)
- MAR 6 - 9 (T - F) 8:00 am - 4:00 pm (03/06/2012)
- APR 24 - 27 (T - F) 8:00 am - 4:00 pm (04/24/2012)
- JUL 17 - 20 (T - F) 8:00 am - 4:00 pm (07/17/2012)
- SEP 11 - 14 (T - F) 8:00 am - 4:00 pm (09/11/2012)
- OCT 2 - 5 (T - F) 8:00 am - 4:00 pm (10/02/2012)

- NOV 1 - 4 (T-F) 8:00 am-4:00 pm (11/01/2011)
- DEC 6 - 9 (T-F) 8:00 am-4:00 pm (12/06/2011)
- FEB 7 - 10 (T - F) 8:00 am - 4:00 pm (02/07/2012)
- MAY 8 - 11 (T - F) 8:00 am - 4:00 pm (05/08/2012)
- JUN 5 - 8 (T - F) 8:00 am - 4:00 pm (06/05/2012)
- AUG 7 - 10 (T - F) 8:00 am - 4:00 pm (08/07/2012)
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- NOV 1 - 29 (T) 8:30-10:30 am (11/01/2011)
- DEC 6 - 27 (T) 8:30-10:30 am (12/06/2011)
- JAN 3 - 31 (T) 8:30-10:30 am (01/03/2012)
- FEB 7 - 28 (T) 8:30-10:30 am (02/07/2012)
- MAR 6 - 27 (T) 8:30 - 10:30 am (03/06/2012)
- APR 3 - 24 (T) 8:30 - 10:30 am (04/03/2012)
- MAY 1 - 29 (T) 8:30 - 10:30 (05/01/2012)
- JUN 5 - 26 (T) 8:30 - 10:30 am (06/05/2012)
- JUL 3 - 31 (T) 8:30 - 10:30 am (07/03/2012)
- AUG 7 - 28 (T) 8:30 - 10:30 am (08/07/2012)
- SEP 4 - 25 (T) 8:30 - 10:30 am (09/04/2012)
- OCT 2 - 30 (T) 8:30 - 10:30 am (10/02/2012)
- NOV 6 - 27 (T) 8:30 - 10:30 am (11/06/2012)
- DEC 4 - 18 (T) 8:30 - 10 :30 am (12/04/2012)

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- DEC 1 - 29 (TH) 1:30-3:30 pm (12/01/2011)
- JAN 5 - 26 (TH) 1:30-3:30 pm (01/05/2012)
- FEB 2 - 23 (TH) 1:30 - 3:30 pm (02/02/2012)
- MAR 8 - 29 (TH) 1:30 - 3:30 pm (03/08/2012)
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- MAY 3 - 31 (TH) 1:30 - 3:30 pm (05/03/2012)
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- JUL 5 - 26 (TH) 1:30 - 3:30 pm (07/05/2012)
- AUG 2 - 30 (TH) 1:30 - 3:30 pm (08/02/2012)
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- OCT 4 - 25 (TH) 1:30 - 3:30 pm (10/04/2012)
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- DEC 6 - 27 (TH) 1:30 - 3:30 pm (12/06/2012)

- JAN 4 - FEB 22 (W) 2:30 - 4:30 pm (01/04/2012)
- MAY 2 - JUN 20 (W) 2:30 - 4:30 pm (05/02/2012)
- AUG 15 - OCT 3 (W) 2:30 - 4:30 pm (08/15/2012)

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- JUL 23 & 30 (M) 4:00 - 6:30 pm (07/23/2012)
- NOV 13 & 20 (T) 4:00 - 6:30 pm (11/13/2012)

- SEP 22 & 29 (TH) 6:00-8:30 pm (09/22/2011)
- OCT 13 & 20 (TH) 4:00-6:30 pm (10/13/2011)
- NOV 10 & 17 (TH) 4:00-6:30 pm (11/10/2011)
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- SEP 12 & 19 (M) 4:30-7:00 pm (09/12/2011)
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SAPR Refresher Training

Changes

Effective Resume Writing

Job Network

Yorktown

Norfolk

Oceana/Dam Neck

**JEB Little Creek/
Fort Story**

Newport News

Northwest

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- FEB 6 1:00 - 4:00 pm (02/06/2012)
- MAY 1 9:00 am - noon (05/01/2012)
- JUL 23 1:00 - 4:00 pm (07/23/2012)
- SEP 10 9:00 am - noon (09/10/2012)
- NOV 5 9:00 am - noon (11/05/2012)

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Art of Money Management

CFS Forum & Financial Town Hall Mtg.

Consumer Awareness

Don't Bet Your Life On It

Homeownership

Retirement Planning

TSP: Your Key to Financial Independence

SAPR Command Liaison Training

SAPR Victim Advocate Basic Training

Couples Workshop

Federal Employment System

Job Search Strategies

Banking and Financial Services

CFS Refresher

Credit Management

Div. Officer Financial Ldrshp. Seminar

How to Survive the Holidays Financially

Savings and Investments

Million Dollar Sailor

SAPR Command POC Training

CAPS Group

Career Planning

Interview Techniques

Children and Divorce

Car Buying Strategies

CFS Training

Developing Your Spending Plan

Financial Responsibility in the Military

Identity Theft Protection

SMART Start: Finances for Newlyweds

SAPR Command Data Collection Coordinator

SAPR Refresher Training

Changes

Effective Resume Writing

Job Network

Yorktown

Norfolk

Oceana/Dam Neck

**JEB Little Creek/
Fort Story**

Newport News

Northwest

- JAN 10 & 12 (T&TH) 2:00-4:00 pm (01/10/2012)
- JUL 17 & 19 (T & TH) 2:00-4:00 pm (07/17/2012)

- OCT 18 & 19 (T&W) 3:00-5:00 pm (10/18/2011)
- DEC 7 & 8 (W&TH) 9:30-11:30 am (12/07/2011)
- JAN 31 & FEB 1 (T & W) 3:00-5:00 pm (01/31/2012)
- APR 16 & 17 (M & T) noon-2:00 pm (04/16/2012)
- JUN 7 & 14 (TH) 6:00-8:00 pm (06/07/2012)
- AUG 14 & 15 (T & W) 3:00-5:00 pm (08/14/2012)
- OCT 16 & 17 (T & W) 3:00-5:00 pm (10/16/2012)
- DEC 12 & 13 (W & TH) 9:30-11:30 am (12/12/2012)

- SEP 14 12:30-4:30 pm (09/14/2011)
- NOV 2 12:30-4:30 pm (11/02/2011)
- JAN 4 8:00 am-noon (01/04/2012)
- FEB 14 3:00-7:00 pm (02/14/2012)
- MAR 1 12:30-4:30 pm (03/01/2012)
- APR 10 3:00-7:00 pm (04/10/2012)
- MAY 9 12:30-4:30 pm (05/09/2012)
- JUN 12 3:00-7:00 pm (06/12/2012)
- JUL 24 3:00-7:00 pm (07/24/2012)
- AUG 7 3:00-7:00 pm (08/07/2012)
- SEP 13 12:30-4:30 pm (09/13/2012)
- OCT 2 3:00-7:00 pm (10/02/2012)
- OCT 31 12:30-4:30 pm (10/31/2012)

- NOV 21 8:30 am-12:30 pm (11/21/2011)
- FEB 16 8:30 am-12:30 pm (02/16/2012)
- MAR 22 1:00-5:00 pm (03/22/2012)
- MAY 2 8:30 am-12:30 pm (05/02/2012)
- JUN 21 8:30 am-12:30 pm (06/21/2012)
- AUG 16 1:00-4:00 pm (08/16/2012)
- NOV 20 8:30 am-12:30 pm (11/20/2012)

- OCT 11 & 13 (T&TH) 2:00-4:00 pm (10/11/2011)
- APR 10 & 12 (T & TH) 2:00-4:00 pm (04/10/2012)
- OCT 9 & 11 (T & TH) 2:00-4:00 pm (10/09/2012)

- NOV 15 8:00 am-noon (11/15/2011)
- JAN 9 12:30-4:30 pm (01/09/2012)
- MAR 23 8:00 am-noon (03/23/2012)
- MAY 31 1:00-5:00 pm (05/31/2012)
- JUL 26 1:00-5:00 pm (07/26/2012)
- SEP 28 8:00 am-noon (09/28/2012)
- NOV 15 1:00-5:00 pm (11/15/2012)

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- FEB 2 -23 (TH) 4:30 - 6:00 pm (02/02/2012)
- MAY 4 - 24 (TH) 4:30 - 6:00 pm (05/04/2012)
- AUG 2 - 23 (TH) 4:30 - 6:00 pm (08/02/2012)

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- OCT 6 8:30 am-5:00 pm (10/06/2011)
- APR 10 8:30 am - 5:00 pm (04/10/2012)
- OCT 4 8:30 am - 5:00 pm (10/04/2012)

- OCT 6 & 20 (TH)
7:30 am-4:00 pm (10/06/2011)
- NOV 3 & 17 (TH)
7:30 am-4:00 pm (11/03/2011)
- DEC 1 & 15 (TH)
7:30 am-4:00 pm (12/01/2011)
- JAN 5 & 19 (TH)
7:30 am-4:00 pm (01/05/2012)
- FEB 2 7:30 am - 4:00 pm (02/02/2012)
- FEB 16 7:30 am - 4:00 pm (02/16/2012)
- APR 5 7:30 am - 4:00 pm (04/05/2012)
- APR 19 7:30 am - 4:00 pm (04/19/2012)
- MAY 3 7:30 am - 4:00 pm (05/03/2012)
- MAY 17 7:30 am - 4:00 pm (05/17/2012)
- JUN 7 7:30 am - 4:00 pm (06/07/2012)
- JUN 21 7:30 am - 4:00 pm (06/21/2012)
- JUL 5 7:30 am - 4:00 pm (07/05/2012)
- JUL 19 7:30 am - 4:00 pm (07/19/2012)
- AUG 2 7:30 am - 4:00 pm (08/02/2012)
- AUG 16 7:30 am - 4:00 pm (08/16/2012)

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7:30 am-4:00 pm (09/01/2011)
- OCT 13 & 27 (TH)
7:30 am-4:00 pm (10/13/2011)
- NOV 10 (TH)
7:30 am-4:00 pm (11/10/2011)
- DEC 8 (TH)
7:30 am-4:00 pm (12/08/2011)
- JAN 12 & 26 (TH)
7:30 am-4:00 pm (01/12/2012)
- FEB 9 7:30 am - 4:00 pm (02/09/2012)
- FEB 23 7:30 am - 4:00 pm (02/23/2012)
- MAR 8 7:30 am - 4:00 pm (03/08/2012)
- MAR 22 7:30 am - 4:00 pm (03/22/2012)
- APR 12 7:30 am - 4:00 pm (04/12/2012)
- APR 26 7:30 am - 4:00 pm (04/26/2012)
- MAY 10 7:30 am - 4:00 pm (05/10/2012)
- MAY 24 7:30 am - 4:00 pm (05/24/2012)
- JUN 14 7:30 am - 4:00 pm (06/14/2012)
- JUN 28 7:30 am - 4:00 pm (06/28/2012)

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Smooth Move Workshop		Sponsor Training			
Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
		<div><ul style="list-style-type: none">• SEP 23 10:00 am-noon (09/23/2011)• OCT 28 10:00 am-noon (10/28/2011)• NOV 18 10:00 am-noon (11/18/2011)• DEC 16 10:00 am-noon (12/16/2011)• JAN 27 10:00 am - noon (01/27/2012)• FEB 24 10:00 am - noon (02/24/2012)• MAR 23 10:00 am - noon (03/23/2012)• APR 27 10:00 am - noon (04/27/2012)• MAY 25 10:00 am - noon (05/25/2012)• JUN 22 10:00 am - noon (06/22/2012)• JUL 27 10:00 am - noon (07/27/2012)• AUG 24 10:00 am - noon (08/24/2012)• SEP 21 10:00 am - noon (09/21/2012)• OCT 26 10:00 am - noon (10/26/2012)• NOV 9 10:00 am - noon (11/09/2012)• DEC 7 10:00 am - noon (12/07/2012)</div>			
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		<ul style="list-style-type: none">• APR 24 9:00 am - 3:30 pm (04/24/2012)• AUG 21 9:00 am - 3:30 pm (08/21/2012)			

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- JUN 25 - 28 (M - TH) 8:00 am - 4:30 pm (First Term) (06/25/2012)
- AUG 27 - 30 (M - TH) 8:00 am - 4:30 pm (First Term) (08/27/2012)
- DEC 10 - 13 (M - TH) 8:00 am - 4:30 pm (Mid Career) (12/10/2012)

- SEP 19 - 22 (M-TH) 8:00 am-4:30 pm (First Term) (09/19/2011)
- OCT 24 - 27 (M-TH) 8:00 am-4:30 pm (Mid Career) (10/24/2011)
- JAN 17 - 20 (T-F) 8:00 am-4:30 pm (First Term) (01/17/2012)
- FEB 13 - 16 (M - TH) 8:00 am - 4:30 pm (Mid Career) (02/13/2012)
- MAR 26 - 29 (M - TH) 8:00 am - 4:30 pm (First Term) (03/26/2012)
- APR 9 - 12 (M - TH) 8:00 am - 4:30 pm (Mid Career) (04/09/2012)
- JUN 18 - 21 (M - TH) 8:00 am - 4:30 pm (Mid Career) (06/18/2012)
- SEP 24 - 27 (M - TH) 8:00 am - 4:30 pm (First Term) (09/24/2012)
- OCT 22 - 25 (M - TH) 8:00 am - 4:30 pm (Mid Career) (10/22/2012)
- NOV 13 - 16 (T - F) 8:00 am - 4:30 pm (First Term) (11/13/2012)

- OCT 17 - 20 (M-TH) 8:00 am-4:30 pm (Mid Career)(10/17/2011)
- FEB 6 - 9 (M - TH) 8:00 am - 4:30 pm (First Term) (02/06/2012)
- APR 23 - 26 (M - TH) 8:00 am - 4:30 pm (Mid Career) (04/23/2012)
- JUN 4 - 7 (M - TH) 8:00 am - 4:30 pm (First Term) (06/04/2012)
- OCT 15 - 18 (M - TH) 8:00 am - 4:30 pm (Mid Career) (10/15/2012)

- SEP 26 - 29 (M-TH) 8:00 am-4:30 pm (Mid Career) (09/26/2011)
- OCT 24 - 27 (M-TH) 8:00 am-4:30 pm (First Term) (10/24/2011)
- NOV 14 - 17 (M-TH) 8:00 am-4:30 pm (Mid Career) (11/14/2011)
- MAR 5 - 8 (M - TH) 8:00 am - 4:30 pm (Mid Career) (03/05/2012)
- APR 23 - 26 (M - TH) 8:00 am - 4:30 pm (First Term) (04/23/2012)
- MAY 7 - 10 (M - TH) 8:00 am - 4:30 pm (Mid Career) (05/07/2012)
- JUL 23 - 26 (M - TH) 8:00 am - 4:30 pm (First Term) (07/23/2012)
- SEP 24 - 27 (M - TH) 8:00 am - 4:30 pm (Mid Career) (09/24/2012)
- OCT 22 - 25 (M - TH) 8:00 am - 4:30 pm (First Term) (10/22/2012)
- NOV 13 - 16 (T - F) 8:00 am - 4:30 pm (Mid Career) (11/13/2012)

- SEP 19 - 22 (M-TH) 8:00 am-4:30 pm (Mid Career) (09/19/2011)
- JAN 9 - 12(M-TH) 8:00 am-4:30 pm (First Term) (01/09/2012)
- MAR 5 - 8 (M - TH) 8:00 am - 4:30 pm (First Term) (03/05/2012)
- SEP 24 - 27 (M - TH) 8:00 am - 4:30 pm (Mid Career) (09/24/2012)

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<ul style="list-style-type: none"> AUG 24 8:00 am - noon (08/24/2012) 	<ul style="list-style-type: none"> AUG 17 8:00 am - noon (08/17/2012) AUG 21 8:00 am - noon (08/21/2012) AUG 22 8:00 am - noon (08/22/2012) AUG 27 8:00 am - noon (08/27/2012) AUG 28 8:00 am - noon (08/28/2012) SEP 5 8:00 am - noon (09/05/2012) SEP 10 8:00 am - noon (09/10/2012) 		<ul style="list-style-type: none"> AUG 20 8:00 am - noon (08/20/2012) AUG 21 8:00 am - noon (08/21/2012) AUG 22 8:00 am - noon (08/22/2012) AUG 23 8:00 am - noon (08/23/2012) 	<ul style="list-style-type: none"> AUG 9 8:00 am-noon (08/09/2011) AUG 23 8:00 am - noon (08/23/2012) 	
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8:00 am-4:00 pm
(10/12/2011)
- NOV 15 & 16 (T&W)
8:00 am-4:00 pm
(11/15/2011)
- DEC 14 & 15 (W&TH)
8:00 am-4:00 pm
(12/14/2011)
- JAN 24 & 25 (T&W)
8:00 am-4:00 pm
(01/23/2012)
- FEB 22 & 23 (W & TH)
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- MAR 19 & 20 (M & T)
8:00 am - 4:00 pm
(03/19/2012)
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8:00 am - 4:00 pm
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- MAY 14 & 15 (M & T)
8:00 am - 4:00 pm
(05/14/2012)
- JUN 27 & 28 (W & TH)
8:00 am - 4:00 pm
(06/27/2012)
- JUL 23 & 24 (M & T)
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(07/23/2012)
- AUG 23 & 24 (TH & F)
8:00 am - 4:00 pm
(08/23/2012)
- SEP 27 & 28 (TH & F)
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- SEP 27 & 28 (T&W)
8:00 am-4:00 pm
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- OCT 25 & 26 (T&W)
8:00 am-4:00 pm
(10/25/2011)
- NOV 29 & 30 (T&W)
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(11/29/2011)
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8:00 am - 4:00 pm
(02/15/2012)
- MAR 21 & 22 (W & TH)
8:00 am - 4:00 pm
(03/21/2012)
- APR 11 & 12 (W & TH)
8:00 am - 4:00 pm
(04/11/2012)
- MAY 2 & 3 (W & TH)
8:00 am - 4:00 pm
(05/02/2012)
- JUN 20 & 21 (W & TH)
8:00 am - 4:00 pm
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- JUL 17 & 18 (T & W)
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- OCT 24 & 25 (W & TH)
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- NOV 7 & 8 (M&T)
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(11/14/2012)

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<ul style="list-style-type: none"> • DEC 6 6:30-9:00 pm (12/06/2011) • APR 3 6:30 - 9:00 pm (04/03/2012) • JUL 10 6:30 - 9:00 pm (07/10/2012) • DEC 4 6:30 - 9:00 pm (12/04/2012) 	<ul style="list-style-type: none"> • SEP 26 - 29 (M-TH) 6:00-9:00 pm (09/26/2011) • OCT 11 6:30-9:00 pm (10/11/2011) • DEC 13 6:00-9:00 pm (12/13/2011) • JAN 21 & 22 (SAT&SUN) 8:30 am-4:00 pm (01/21/2012) • APR 3 6:00 - 9:00 pm (04/03/2012) • AUG 21 6:00 - 9:00 pm (08/21/2012) • SEP 29 & 30 (SAT & SUN) 8:30 am - 4:00 pm (09/29/2012) • OCT 9 6:30 - 9:00 pm (10/09/2012) • DEC 4 6:00 - 9:00 pm (12/04/2012) 	<ul style="list-style-type: none"> • NOV 14 - 17 (M-TH) 6:00-9:00 pm (11/14/2011) • APR 10 6:30 - 9:00 pm (04/10/2012) • MAY 5 & 6 (SAT & SUN) 8:30 am - 4:00 pm (05/05/2012) • AUG 14 6:30 - 9:00 pm (08/14/2012) • NOV 3 & 4 (SAT & SUN) 8:30 am - 4:00 pm (11/03/2012) • DEC 11 6:30 - 9:00 pm (12/11/2012) 	<ul style="list-style-type: none"> • DEC 6 6:30-9:00 pm (12/06/2011) • FEB 14 6:30 - 9:00 pm (02/14/2012) • MAR 24 & 25 (SAT & SUN) 8:30 am - 4:00 pm (03/24/2012) • JUN 12 6:30 - 9:00 pm (06/12/2012) • JUL 14 & 15 (SAT & SUN) 8:30 am - 4:00 pm (07/14/2012) 		

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	<ul style="list-style-type: none"> FEB 16 9:00 11:00 am (02/16/2012) FEB 23 6:30 - 8:30 pm (02/23/2012) 	<ul style="list-style-type: none"> APR 19 6:30 - 8:30 pm (04/19/2012) JUN 21 6:30 - 8:30 pm (06/21/2012) 	<ul style="list-style-type: none"> OCT 20 6:30-8:30 pm (10/20/2011) OCT 18 6:30 - 8:30 pm (10/18/2012) 		

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- MAR 26 - 28 (M - W) 8:30 am - 4:00 pm (03/26/2012)
- SEP 17 - 19 (M - W) 8:30 am - 4:00 pm (09/17/2012)

- NOV 2 - 4 (W-F) 6:00-9:00 pm NOV 5 (SAT) 8:30 am-4:00 pm (11/02/2011)
- JAN 4 - 6 (W-F) 6:00-9:30 pm JAN 7 (SAT) 8:30 am-5:00 pm (01/04/2012)
- APR 25 - 27 (W - F) 8:30 am - 4:00 pm (04/25/2012)
- AUG 24 - 26 (F - SUN) 8:30 am - 4:00 pm (08/24/2012)
- NOV 7 - 9 (W - F) 6:00 - 9:30 pm & NOV 10 (SAT) 8:30 am - 5:00 pm (11/07/2012)

- OCT 14 - 16 (F-SUN) 8:30 am-4:00 pm (10/14/2011)
- DEC 2 - 4 (F-SUN) 8:30 am-4:00 pm (12/02/2011)
- MAR 9 - 11 (F - SUN) 8:30 am - 4:00 pm (03/09/2012)
- JUN 8 - 10 (F - SUN) 8:30 am - 4:00 pm (06/08/2012)
- OCT 12 - 14 (F - SUN) 8:30 am - 4:00 pm (10/12/2012)
- DEC 7 - 9 (F - SUN) 8:30 am - 4:00 pm (12/07/2012)

- SEP 9 - 11 (F-SUN) 8:30 am-4:00 pm (09/09/2011)
- FEB 24 - 26 (F - SUN) 8:30 am - 4:00 pm (02/24/2012)
- MAY 18 - 20 (F - SUN) 8:30 am - 4:00 pm (05/18/2012)
- JUL 27 - 29 (F - SUN) 8:30 am - 4:00 pm (07/27/2012)
- SEP 7 - 9 (F - SUN) 8:30 am - 4:00 pm (09/07/2012)

- NOV 1 - 3 (T-TH) 8:30 am-4:00 pm (11/01/2011)
- MAY 21 - 23 (M - W) 8:30 am - 4:00 pm (05/21/2012)
- NOV 6 - 8 (T - TH) 8:30 am - 4:00 pm (11/06/2012)

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Transition Forum		VA Disability Benefits Review		Foreign Born Spouses Support Group	
Foreign Born Spouses Workshop		CONSEP		CPO Selectee Resources Training	
Deckplate Resource Awareness Training		Family Readiness Group Leadership		Ombudsman Advanced Training	
Ombudsman Basic Training		Command Coordinator Resource Forum		IA Deployment Readiness Brief	
AI Family Discussion Group		IA Homecoming Brief		Overseas Transfer Workshop	
Smooth Move Workshop		Sponsor Training			
Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> SEP 13 9:00-11:00 am (09/13/2011) MAR 20 9:00 - 10:30 am (03/20/2012) 	<ul style="list-style-type: none"> JAN 24 9:00-10:30 am (01/24/2012) MAY 3 9:00 - 10:30 am (05/03/2012) SEP 27 9:00 - 10:30 am (09/27/2012) 	<ul style="list-style-type: none"> NOV 16 9:00-11:00 am (11/16/2011) MAR 5 9:00 - 10:30 am (03/05/2012) JUN 19 3:00 - 4:30 pm (06/19/2012) SEP 24 9:00 - 10:30 am (09/24/2012) NOV 15 8:30 - 10:00 am (11/15/2012) 	<ul style="list-style-type: none"> FEB 3 1:00 - 2:30 pm (02/03/2012) AUG 10 noon - 1:30 pm (08/10/2012) 		
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Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> • OCT 20 9:00-11:00 am (10/20/2011) • DEC 7 9:00-11:00 am (12/07/2011) • JAN 18 9:00-11:00 am (01/18/2012) • APR 12 9:00 - 11:00 am (04/12/2012) • AUG 10 9:00 - 11:00 am (08/10/2012) • OCT 25 9:00 - 11:00 am (10/25/2012) 	<ul style="list-style-type: none"> • SEP 20 5:30-7:30 pm (09/20/2011) • OCT 25 9:00-11:00 am (10/25/2011) • NOV 22 1:00-3:00 pm (11/22/2011) • DEC 20 5:30-7:30 pm (12/20/2011) • JAN 5 9:00 - 11:00 am (01/05/2012) • JAN 13 9:00-11:00 am (01/13/2012) • FEB 10 1:00 - 3:00 pm (02/10/2012) • FEB 14 5:30 - 7:30 pm (02/14/2012) • MAR 2 9:00 - 11:00 am (03/02/2012) • MAR 6 1:00 - 3:00 pm (03/06/2012) • APR 13 9:00 - 11:00 am (04/13/2012) • APR 24 1:00 - 3:00 pm (04/24/2012) • MAY 11 1:00 - 3:00 pm (05/11/2012) • MAY 22 5:30 - 7:30 pm (05/22/2012) • JUN 8 1:00 - 3:00 pm (06/08/2012) • JUN 19 9:00 - 11:00 am (06/19/2012) • JUL 10 1:00 - 3:00 pm (07/10/2012) • JUL 20 9:00 - 11:00 am (07/20/2012) 	<ul style="list-style-type: none"> • OCT 4 2:30-4:30 pm (10/04/2011) • DEC 8 2:30-4:30 pm (12/08/2011) • APR 19 2:30 - 4:30 pm (04/19/2012) • JUN 19 1:00 - 3:00 pm (06/19/2012) • AUG 7 2:30 - 4:30 pm (08/07/2012) • OCT 4 1:00 - 3:00 pm (10/04/2012) • DEC 4 2:30 - 4:30 pm (12/04/2012) 	<ul style="list-style-type: none"> • MAR 23 9:00 - 11:00 am (03/23/2012) • APR 20 9:00 - 11:00 am (04/20/2012) • JUL 13 1:00 - 3:00 pm (07/13/2012) 		<ul style="list-style-type: none"> • JUL 13 8:00 - 10:00 am (07/13/2012)

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Transition Forum	VA Disability Benefits Review	Foreign Born Spouses Support Group
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Smooth Move Workshop	Sponsor Training	

Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> • OCT 12 9:00-11:00 am (10/12/2011) • NOV 8 9:00-11:00 am (11/08/2011) • DEC 13 9:00-11:00 am (12/13/2011) • FEB 7 9:00 - 11:00 am (02/07/2012) • MAY 2 9:00 - 11:00 am (05/02/2012) • AUG 7 9:00 - 11:00 am (08/07/2012) • OCT 10 9:00 - 11:00 am (10/10/2012) 	<ul style="list-style-type: none"> • OCT 12 6:00-8:00 pm (10/12/2011) • JAN 11 6:00-8:00 pm (01/11/2012) • APR 26 6:00 - 8:00 pm (04/26/2012) • JUL 26 6:00 - 8:00 pm (07/26/2012) • OCT 25 6:00 - 8:00 pm (10/25/2012) 	<ul style="list-style-type: none"> • NOV 9 6:00-8:00 pm (11/09/2011) • JAN 17 6:00 - 8:00 pm (01/17/2012) • FEB 15 6:00 - 8:00 pm (02/15/2012) • MAY 16 6:00 - 8:00 pm (05/16/2012) • AUG 15 6:00 - 8:00 pm (08/15/2012) • NOV 14 6:00 - 8:00 pm (11/14/2012) 	<ul style="list-style-type: none"> • SEP 14 6:00-8:00 pm (09/14/2011) • DEC 14 6:00-8:00 pm (12/14/2011) • MAR 14 6:30 - 8:30 pm (03/14/2012) • JUN 13 6:30 - 8:30 pm (06/13/2012) 		<ul style="list-style-type: none"> • JUL 20 12:30 - 2:30 pm (07/20/2012)

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Transition Forum	VA Disability Benefits Review	Foreign Born Spouses Support Group
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Smooth Move Workshop	Sponsor Training	

Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none">• OCT 5 8:00-10:00 am (10/05/2011)• JUN 12 2:00 - 4:00 pm (06/12/2012)• OCT 4 8:00 - 10:00 am (10/04/2012)	<ul style="list-style-type: none">• SEP 15 5:30-7:30 pm (09/15/2011)• OCT 20 1:00-3:00 pm (10/20/2011)• NOV 17 5:30-7:30 pm (11/17/2011)• DEC 13 1:00-3:00 pm (12/13/2011)• JAN 12 5:30-7:30 pm (01/12/2012)• JAN 26 1:00 - 3:00 pm (01/26/2012)• FEB 16 5:30 - 7:30 pm (02/16/2012)• MAR 15 1:00 - 3:00 pm (03/15/2012)• APR 12 5:30 - 7:30 pm (04/12/2012)• MAY 24 9:00 - 11:00 am (05/24/2012)• JUN 21 5:30 - 7:30 pm (06/21/2012)• AUG 23 5:30 - 7:30 pm (08/23/2012)• SEP 25 1:00 - 3:00 pm (09/25/2012)• OCT 11 5:30 - 7:30 pm (10/11/2012)• NOV 20 1:00 - 3:00 pm (11/20/2012)• DEC 13 5:30 - 7:30 pm (12/13/2012)	<ul style="list-style-type: none">• NOV 8 5:30-7:30 pm (11/08/2011)• FEB 2 11:30 am - 1:30 pm (02/02/2012)• MAY 22 5:30 - 7:30 pm (05/22/2012)• SEP 25 5:30 - 7:30 pm (09/25/2012)• NOV 15 10:30 am - 12:30 pm (11/15/2012)	<ul style="list-style-type: none">• DEC 7 6:00-8:00 pm (12/07/2011)• APR 30 9:00 - 11:00 am (04/30/2012)• JUN 21 1:00 - 3:00 pm (06/21/2012)• AUG 17 1:00 - 3:00 pm (08/17/2012)• DEC 5 6:00 - 8:00 pm (12/05/2012)	<ul style="list-style-type: none">• JUL 25 9:00 - 11:00 am (07/25/2012)	

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Transition Forum	VA Disability Benefits Review	Foreign Born Spouses Support Group
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Yorktown	Norfolk	Oceana/Dam Neck	JEB Little Creek/ Fort Story	Newport News	Northwest
<ul style="list-style-type: none"> • SEP 15 9:00 am-4:00 pm (09/15/2011) • MAR 22 9:00 am - 4:00 pm (03/22/2012) • SEP 13 9:00 am - 4:00 pm (09/13/2012) 	<ul style="list-style-type: none"> • SEP 23 9:00 am-4:00 pm (09/23/2011) • OCT 18 9:00 am-4:00 pm (10/18/2011) • NOV 18 9:00 am-4:00 pm (11/18/2011) • DEC 22 9:00 am-4:00 pm (12/22/2011) • JAN 10 9:00 am - 4:00 pm (01/10/2012) • JAN 31 9:00 am - 4:00 pm (01/31/2012) • MAR 1 9:00 am - 4:00 pm (03/01/2012) • MAY 2 9:00 am - 4:00 pm (05/02/2012) • JUN 11 9:00 am - 4:00 pm (06/11/2012) • JUL 9 9:00 am - 4:00 pm (07/09/2012) • AUG 3 9:00 am - 4:00 pm (08/03/2012) • SEP 7 9:00 am - 4:00 pm (09/07/2012) • OCT 10 9:00 am - 4:00 pm (10/10/2012) • NOV 1 9:00 am - 4:00 pm (11/01/2012) • DEC 17 9:00 am - 4:00 pm (12/17/2012) 	<ul style="list-style-type: none"> • SEP 14 9:00 am - 4:00 pm (09/14/2011) • OCT 12 9:00 am - 4:00 pm (10/12/2011) • DEC 7 9:00 am -4 :00 pm (12/07/2011) • JAN 25 9:00 am - 4:00 pm (01/25/2012) • FEB 22 9:00 am - 4:00 pm (02/22/2012) • MAR 21 9:00 am - 4:00 pm (03/21/2012) • APR 18 9:00 am - 4:00 pm (04/18/2012) • MAY 16 9:00 am - 4:00 pm (05/16/2012) • JUN 6 9:00 am - 4:00 pm (06/06/2012) • JUL 25 9:00 am - 4:00 pm (07/25/2012) • AUG 15 9:00 am - 4:00 pm (08/15/2012) • SEP 12 9:00 am - 4:00 pm (09/12/2012) • OCT 17 9:00 am - 4:00 pm (10/17/2012) • NOV 14 9:00 am - 4:00 pm (11/14/2012) • DEC 5 9:00 am - 4:00 pm (12/05/2012) 	<ul style="list-style-type: none"> • OCT 3 9:00 am-4:00 pm (10/03/2011) • NOV 9 9:00 am-4:00 pm (11/09/2011) • JAN 17 9:00 am-4:00 pm (01/17/2012) • FEB 1 9:00 am - 4:00 pm (02/01/2012) • MAR 6 9:00 am - 4:00 pm (03/06/2012) • MAY 3 9:00 am - 4:00 pm (05/03/2012) • JUL 16 9:00 am - 4:00 pm (07/16/2012) • AUG 31 8:30 am - 3:30 pm (08/31/2012) • OCT 31 9:00 am - 4:00 pm (10/31/2012) • NOV 27 9:00 am - 4:00 pm (11/27/2012) 	<ul style="list-style-type: none"> • JAN 12 9:00 am-4:00 pm (01/12/2012) • JUL 11 9:00 am - 4:00 pm (07/11/2012) 	<ul style="list-style-type: none"> • JAN 11 9:00 am-4:00 pm (01/11/2012) • JUN 13 9:00 am - 4:00 pm (06/13/2012) • SEP 5 9:00 am - 4:00 pm (09/05/2012) • OCT 16 9:00 am - 4:00 pm (10/16/2012)

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Overseas Transfer Workshop

Smooth Move Workshop

Sponsor Training

Yorktown

Norfolk

Oceana/Dam Neck

**JEB Little Creek/
Fort Story**

Newport News

Northwest

- FEB 9 9:00 am - noon (02/09/2012)
- AUG 23 9:00 am - noon (08/23/2012)

- OCT 13 8:30-11:30 am (10/13/2011)
- NOV 17 8:30-11:30 am (11/17/2011)
- DEC 13 8:30-11:30 am (12/13/2011)
- JAN 5 9:00 am - noon (01/05/2012)
- JAN 26 9:00 am - noon (01/26/2012)
- FEB 22 9:00 am - noon (02/22/2012)
- MAR 15 9:00 am - noon (03/15/2012)
- APR 13 9:00 am - noon (04/13/2012)
- APR 24 9:00 am - noon (04/24/2012)
- MAY 31 9:00 am - noon (05/31/2012)
- JUN 19 noon - 3:00 pm (06/19/2012)
- JUL 17 9:00 - noon (07/17/2012)
- JUL 27 9:00 am - noon (07/27/2012)
- AUG 23 9:00 am - noon (08/23/2012)
- SEP 24 9:00 am - noon (09/24/2012)
- OCT 16 9:00 am - noon (10/16/2012)
- OCT 26 9:00 am - noon (10/26/2012)
- NOV 20 9:00 am - noon (11/20/2012)

- SEP 19 1:00-4:00 pm (09/19/2011)
- OCT 4 9:00 am-noon (10/04/2011)
- NOV 2 9:00 am-noon (11/02/2011)
- JAN 17 9:00 am-noon (01/17/2012)
- FEB 7 9:00 am - noon (02/07/2012)
- MAR 7 1:00 - 4:00 pm (03/07/2012)
- APR 10 5:00 - 8:00 pm (04/10/2012)
- MAY 15 9:00 am - noon (05/15/2012)
- JUN 5 1:00 - 4:00 pm (06/05/2012)
- JUL 10 5:00 - 8:00 pm (07/10/2012)
- AUG 7 9:00 am - noon (08/07/2012)
- OCT 2 9:00 am - noon (10/02/2012)
- NOV 8 1:00 - 4:00 pm (11/08/2012)
- DEC 4 9:00 am - noon (12/04/2012)

- OCT 28 9:00 am-noon (10/28/2011)
- DEC 1 9:00 am-noon (12/01/2011)
- JAN 5 1:00-4:00 pm (01/05/2012)
- FEB 3 9:00 am - noon (02/03/2012)
- MAR 1 1:00 - 4:00 pm (03/01/2012)
- APR 10 9:00 am - noon (04/10/2012)
- JUN 18 1:00 - 4:00 pm (06/18/2012)
- AUG 16 9:00 am - noon (08/16/2012)
- OCT 30 9:00 am - noon (10/30/2012)
- DEC 3 9:00 am - noon (12/03/2012)

- NOV 8 9:00 am-noon (11/08/2011)
- JAN 31 9:00 am - noon (01/31/2012)
- FEB 28 9:00 am - noon (02/28/2012)
- MAR 21 9:00 am - noon (03/21/2012)
- APR 24 9:00 am - noon (04/24/2012)
- MAY 24 9:00 am - noon (05/24/2012)
- JUN 28 9:00 am - noon (06/28/2012)
- JUL 26 9:00 am - noon (07/26/2012)
- AUG 29 9:00 am - noon (08/29/2012)
- SEP 20 9:00 am - noon (09/20/2012)
- NOV 5 9:00 am - noon (11/05/2012)
- DEC 6 9:00 am - noon (12/06/2012)

- OCT 26 1:00-4:00 pm (10/26/2011)
- DEC 6 9:00 am-noon (12/06/2011)
- FEB 15 9:00 am - noon (02/15/2012)
- APR 3 9:00 am - noon (04/03/2012)
- JUN 6 1:00 - 4:00 pm (06/06/2012)
- AUG 14 1:00 - 4:00 pm (08/14/2012)
- OCT 30 9:00 am - noon (10/30/2012)
- DEC 4 9:00 am - noon (12/04/2012)

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Newport News

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- MAR 29 8:00 - 10:00 am (03/29/2012)

- OCT 26 10:00 am-noon (10/26/2011)

- OCT 5 1:00-3:00 pm (10/05/2011)
- NOV 15 1:00-3:00 pm (11/15/2011)
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- AUG 14 2:00 - 4:00 pm (08/14/2012)
- SEP 11 9:00 - 11:00 am (09/11/2012)
- OCT 16 1:00 - 3:00 pm (10/16/2012)
- DEC 11 2:00 - 4:00 pm (12/11/2012)

- OCT 12 2:00-4:00 pm (10/12/2011)
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- OCT 10 2:00 - 4:00 pm (10/10/2012)
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